

# Believe

If you are like most folks, you think of having faith and believing as spiritual abstracts. Intellectually we would like to have faith but many of us figure that we don't have it and can't really see how we are going to get it at this late date. Kinda "would if we could, but we can't so we ain't."

Many of us have heard the phrase about mountain moving faith. The requirement we have been told is as small as a mustard seed, the tiniest reference Jesus had available to him at the time.

Some of us may have even dismissed the idea of 'having faith enough' as a spiritual fairy tale, one that doesn't come true for ordinary folk like me and like you. Healing miracles happen to folks on Oprah. Lucky folks win the lotto and the Prize Patrol is not showing up at our house during the Superbowl. Miracles are for other folks. Like the happily ever after of fairy tales we just don't really connect to the idea that there is enough faith to move whatever mountains exists in our experience.

I suspect this is because we think of faith as something to have instead of something to do. Believing is an active verb. Believing and faith are about action. Most of us have come to think of it as a passive participation where God acts and we just go along with God on the trip. That is if we are invited along and many of us just don't think we are.

For a lot of us are stuck at the crossroad of Been There Done That and Nothing I Do Turns Out Right. The train has left the station and we don't have a ticket to ride.

Nothing is further from the truth, though to see this we have to step outside of what we think we know and into a closer look at the universal construct.

Each week I make an effort to remind you of the one law. This law is each after it's own kind. Understanding how this law operates is necessary to live a successful and happy life. It is the fundamental apparatus of experience.

Right now, no matter what is going on in your life you are already acting in faith. You are already acting on your beliefs. It can not be otherwise. Whether you think life is a blast or a bummer you are supported. Whether you use your faith, your active principle of believing to create mountains or to climb them, you are supported.

The reason most of us think of faith in the abstract is because we haven't made the connection between what we believe and what we receive. Jesus said according to your belief it is done unto you. There is no stipulation in the law of Creation that your beliefs have to be positive and life affirming in order to manifest. We all have a choice about this. And mark this, choice is a thing so sacred even God does not interfere with it.

In many churches much has been made about Jesus being the only begotten Son of God. This is not what he taught, it is however why so many of us suffer from the spiritual bigotry of low expectations. We have not been taught that if there is a difference between us and Jesus it is that he knew how the universe worked and he chose to work with it. Many find it easier to worship Jesus than emulate him.

There is hardly a story where after contact with groups of people we are not told that he went apart for a while. There is an old Negro Spiritual "If Jesus had to Pray". The first line in this song is 'If Jesus had to pray, what about me?' He was doing the work of faith, the first action of believing. He prayed. Ask yourself "What about me? Do I pray as a first or last resort?"

Prayer in this instance is not about supplication, asking God for something we think is missing. It is a simple form of communicating, contacting that Presence within. What Jesus knew and we can know for ourselves is this, when we return to the world of daily life after a time of prayer we bring with us this Presence which goes about filling the spaces in our lives with healing, peace and prosperity. This Presence knows what we have need of before we ask. We must replace supplication with communion, seeking with solace and rejecting with accepting. We must be willing to accept the mantle of our own divinity.

This is what he meant when he said, "the works I do and greater works than these shall you do." It's prayer work. We must set aside time each day to commune and communicate with the Spirit of God within us. Nothing we do is more important to our well being.

There have been numerous studies that prove the power of prayer. The very act of praying imbues us with confidence. The word confidence means with faith. For me, F.A.I.T.H. is an anagram which means, fear ain't in the hologram. Believing is acting without fear. Fearlessly we move and the mountains that appear

before us dissolve into the nothingness from which they arose.

The action of faith, of believing, is receiving. We can only receive when we are willing to accept. We do not have what we expect, we have what we accept. The moment we can accept Infinite Possibility it shows up powerfully in our lives, our bodies and our affairs.

Believe(accept) that all things are possible. Believe (accept) that you can have a healed body, wonderful relationships, unlimited supply. Receive(accept) the Holy Spirit within you.